

# iMoneyMinute



brought to you by **iMONEYCOACH**  
Money is The Smallest Part of Your Finances.

## Contact Us

### iMoneyCoach

5181 Ward Rd. Suite 206  
Wheat Ridge, CO 80033  
Phone: 303-462-2001

### Visit us online

[iMoneyCoach Home](#)

[Twitter](#)

[Facebook](#)

[LinkedIn](#)

[Store](#)

[Past iMoneyMinutes](#)

### iMoneyCoach news:

Our [Financial Life Training System](#) is helping people find success with their money and live a life they LOVE!

If you would like *more* money advice and tips, be sure to follow the [iMoneyCoach blog](#).

Get your check-in deal when you "like" us on [Facebook](#)!

An "iMoneyMinute" is an idea that in less than one minute will give you a way to save time, save money, make money, or reduce your financial risk.

## Free Printables to Help Organize Your Life

Here at iMoneyCoach we have found that getting organized makes life much more enjoyable and a lot easier. And we have recently come across this website that offers a fantastic, **FREE** way to get some organization in the form of [FREE printables](#).

Some of the free templates you can print on this site include:

- Weekly menu planner and shopping lists
- Calendars
- Address Book pages
- To-Do Lists
- Emergency Information
- Babysitter Information
- Wallet Contents Tracker
- Exercise Log
- Favorite Recipes
- Home Maintenance Log
- Symptom/Medicine Tracker
- Tax Checklist
- Party Planning Checklist
- ...and more!

Using these printable checklists and trackers can not only help you feel the freedom of knowing where things are and reducing clutter, but they can save you time and money in the long run. For example, knowing what meals you are going to cook for the week and which ingredients you will need to buy can save you unplanned last minute trips to the grocery store. And you can plan meals that use many of the same

ingredients to cut down on grocery costs.

If you were to lose your wallet (which we hope never happens!), thanks to your Wallet Contents page you can call your credit card companies immediately to cancel your cards and avoid a lot of time and hassle later.

We love to help people get to a place where they can say "I LOVE my life!" And we hope these free printable pages help you get another step closer to that place.



---

We hope the iMoneyMinute is useful to you. If you have a different email address you would like us to use, or if you would prefer to no longer receive the iMoneyMinute emails, please email us at [coach@imoneycoach.com](mailto:coach@imoneycoach.com).

We would also love your feedback on our emails! Please fill out [this short survey](#) to help us better serve you.